North Dakota Department of Public Instruction Dr. Wayne G. Sanstead, State Superintendent

REDUCING THE RISK:

Comprehensive Prevention **Education for Youth**

For Emergent Readers (PK - Adult)

Reducing the Risk: Comprehensive Prevention Education for Youth for Emergent Readers curriculum is designed for use with individuals who have developing reading and writing skills. The activities are visual and are designed for individuals with no current reading or writing skills.

There is a wide range of individuals for whom this guide might be appropriate. These lessons are intended to be a basic guide, a resource or road map, upon which an instructor can build to teach very basic elements of cleanliness and STD/HIV/AIDS education.

Appropriate participants may include:

- persons with significant special needs
 - pre K and kindergarten students
 - · adult group home residents
 - individuals with limited English

The application of these lessons may occur in a one-on-one setting or with a group. Through these lessons individuals can learn many of the skills and positive choices necessary to keep them healthy and STD/HIV/AIDS free.

Through these five activities teachers, aides, and other employees can help educate emergent readers and special needs persons of all ages. These lessons could be used in place of other STD/HIV/AIDS activities that may require too much reading, writing, and/or comprehension for the emergent reader. Recommended settings for this curriculum may include:

- group homes, special needs children's homes
- self-contained special education classes
- special needs students in the regular classrooms that are accompanied by an aide
- · workplaces for special need individuals
- other setting where emergent readers are gathered and in need of basic hygiene and AIDS education

Note on Adaptations of the Curriculum

All of the activities in this guide may be revamped to fit the needs of individual participants. Pictures must be appropriate for the age level of participating individuals. Some portions may be deleted altogether and other activities added that are more suitable. If the materials are being used at a school setting, you will want to have the review of your school district health advisory committee. Pictures and videos for adult audiences are available at the Department of Public Instruction. Please call 701-328-2753 for assistance.

TABLE OF CONTENTS

DAY ONE	
(Bonding) Choices	
(Knowledge) View Video "AIDS – A Different Kind of Germ"	5
(Skills) Cinnamon Hand Washing Activity	6
DAY TWO	
(Bonding) Hoop-It-Up	7
(Perceived Risk) No Touching Activity	8
(Skills) Glow Lotion Hand Washing Activity	13
DAY THREE	
(Knowledge) Honey Bear Activity	14
(Perceived Risk) Choosing the Good from the Bad	16
(Motivator) To the Party or the Bed	31
DAY FOUR	
(Knowledge) Z's Gift	38
(Motivator) When Do We Need to Wash Our Hands?	39
(Skills) Puppet Play	52
DAY FIVE	
(Knowledge) Mr. Mouth	55
(Skills) Practicing "NO"	64
(Motivator) To Share or Not Activity	65